

Linda Charmaraman

Lcharmar@wellesley.edu (781) 283-2542 (work)
Wellesley Centers for Women 106 Central Street, Wellesley, MA 02481
www.youthmediawellbeing.org

Education and Training

Scholar of the Mixed Methods Training Program for the Health Sciences, NIH R25 training recipient, Johns Hopkins/Harvard, 2015-2016

T32 Postdoctoral Research Training in Child and Adolescent Development, NICHD, Wellesley College, 2006-2008

Ph.D., Human Development & Education, UC Berkeley, 2006

Dissertation: *Cognitive and Social Development through Digital Media Construction in the Urban After-School Community*

M.A., Human Development & Education, UC Berkeley, 1999

M.A. thesis: *Fostering Insight Through the use of Analogies*

B.A., Double major in Psychology & Interdisciplinary Field Studies, Concentration: Cognition & the Learning Process, UC Berkeley, 1996

Academic/Professional Experience

- 1997 – 2001 Graduate Student Researcher, part-time, UC Berkeley
- 1999 – 2000 Graduate Student Instructor, Early Childhood Development, Intro to Cognitive Science, part-time, UC Berkeley
- 2000 – 2006 Office of Diversity Recruitment and Retention, Grad School of Education, half-time, UC Berkeley
- 2008, 2021 - Visiting Assistant Professor, Psychology; Visiting lecturer, Education Department, part-time, Wellesley College
- 2006 – 2008 NICHD T32 Postdoctoral Research Fellow, full-time, WCW, Wellesley College
- 2008 – 2018 Research Scientist, full-time, WCW, Wellesley College
- 2018- Senior Research Scientist, founder and director of the Youth, Media, & Wellbeing Research Lab, full-time, WCW, Wellesley College

Funding: Grants & Contracts

- 2023 – 2027 Co-investigator, PI of R01 subaward with Tufts University, Longitudinal assessment of specificity in adolescent-dog relationships and adaptive coping for youth with social anxiety. \$804,192
- 2023 – 2024 PI, Workshop for Metrowest girls to improve mental wellbeing on social media, Metrowest Women's Fund, \$25,000.
- 2022 – 2027 Subaward PI/Co-investigator, R01 with Brigham Women's Hospital, *Discrimination and racial socialization on Asian American parent and youth mental health*; NIH, \$353,198.
- 2022 – 2024 Co-PI, *Context and characteristics: A multi-method approach to identifying adolescents' risky and resilient online behaviors and vulnerabilities to mental health effects*; Boston Children's Hospital, \$157,454.
- 2022 – 2023 PI, *The LORT report: Examining racial and gender disparities in Resident Theater Leadership*, League of Resident Theaters, \$150,000.
- 2021 - 2024 Project Director, Development of a Pilot SEL and Digital Wellbeing Curriculum in Middle School, Morningstar Family Foundation; \$87,221.

2021 – 2023 PI, *Near-peer mentors for Summer Digital Wellbeing Virtual Workshops in middle school: Engagement of a Youth Advisory Board*; University of Wisconsin, Madison, \$4,500.

2020 – 2023 Subaward PI/Co-investigator, R03, *Parental behavior, human-animal interaction, and adolescent development*, National Institutes of Child Health and Human Development (NICHD); \$102,864.

2020 PI, *Addressing Teen Digital Wellbeing*. I Am Strong Foundation, \$2,000.

2018 – 2023 PI, R15, *Early adolescent social technology use and parental monitoring: Implications for psychosocial and behavioral health*. National Institutes of Child Health and Human Development (NICHD); \$452,246.

2019 – 2020 Co-investigator, *Teen-parent health communication over early, middle, and late adolescence*. NICHD R03; \$100,000.

2019 PI, *Promoting adolescent wellbeing through social media*. I Am Strong Foundation; \$2,965.

2017 - 2018 PI, *Parent and peer influences on social media use in early adolescence: Implications for psychosocial and behavioral health*. Children and Screens: Institute of Digital Media and Child Development, Inc.; \$100,000.

2017 - 2019 Co-investigator, R21, *Adolescent communication with family and reproductive health*; National Institutes of Child Health and Human Development (NICHD R21); \$225,396.

2016 – 2017 PI, *APT Validation Study III: Reducing cultural bias in youth program quality observations*; William T. Grant Foundation; \$25,000.

2013 – 2015 PI, New Connections Fellow, *Risk and resiliency of media and social networking use in vulnerable adolescent populations*; Robert Wood Johnson Foundation; \$100,000.

2014 – 2015 Co-investigator, *Improving quality of youth program nationwide: Expanding access to APT and training* (Gannet, PI); Virginia B. Toulmin Foundation; \$125,000.

2013 - 2015 Co-PI, *Afterschool program practices tool validation study II: Improving rater reliability* (Tracy, co-PI); William T. Grant Foundation; \$300,000.

2013 – 2015 Co-investigator, R03, *Communication about sex in the nuclear family and beyond: Implications for Health*; (Grossman, PI); National Institutes of Child Health and Human Development (NICHD); \$154,076.

2011 – 2015 Co-evaluator, *Improving teacher quality and school culture by expanding the SEED (Seeking Educational Equity and Diversity) Project and the National Leadership Institute Nationally* (McIntosh, PI); W. K. Kellogg Foundation; \$3,244,331.

2011 – 2013 PI, *Promoting public awareness of the road to educational equity for girls of color: A multi-media strategy*; The Schott Foundation for Public Education; \$20,000.

2008 – 2013 Co-investigator, *Formative evaluation of the Get Real Middle School Sex Education Curriculum* (Erkut, PI). Planned Parenthood League of Massachusetts, Contract; \$1,316,360.

2010 – 2011 Co-PI, *Understanding the impact of arts programming on school dropout: a literature review and program development* (Hall, PI), West Michigan Center for Arts & Technology, Grand Rapids, MI; \$88,944.

2009 – 2010 Co-investigator, *Middle school bullying and sexual violence: Measurement issues and etiological models* (Espelage, PI; Stein, subaward PI); University of Illinois, Urbana-Champaign; Centers for Disease Control; \$191,730.

2009 – 2010 Co-PI, *Qualitative evaluation case study of the L.I.V.E. Brothers Group* (Hall, PI); Anne E. Borghesani Community Foundation; \$6,800.

2008 – 2009 T32 Postdoctoral Fellow, *Out of Harm's Way evaluation* (Hall, PI), Boston, MA.

2006 – 2008 T32 Postdoctoral Fellow, *Adolescent Mixed-Ancestry Identity: A Measurement Pilot* (Erkut, PI); National Institutes of Child Health and Human Development (NICHD R21), Wellesley College.

Funding: Internal awards

2022 – 2024 Awardee, Harold Benenson Memorial Grant, \$25,000
2021 – 2022 Awardee, Summer Digital Wellbeing Workshop development; \$1,500
2019 - 2020 Awardee, Dissemination Award for guest editing a special issue of *Journal of Adolescent Research*; “Adolescent and Emerging Adulthood Development in an Age of Social Media”; \$13,500.
2017 – 2018 Awardee, Attitudes about sexism and the workplace: Women’s perspectives in the post-2016 election era; Harold Benenson Memorial Grant, \$10,000.
2017 – 2018 Awardee, Dissemination Award to focus on inter-institutional collaborations on adolescent wellbeing and online harassment; \$19,622.
2016 – 2017 Awardee, Dissemination Award to focus writing on gender-specific research questions; \$22,780.
2016 - 2017 Awardee, *Technology applications to adolescent risk prevention*; Nan May Holstein New Directions Award; \$15,740.
2015 – 2016 PI, *Mixed method exploration of gender & racial attitudes: Role of occupational stereotypes on TV and in workplace*; Harold Benenson Memorial Grant; \$20,000.
2013 – 2016 Awardee, Susan McGee Bailey Women’s Research Perspectives Fund; \$46,141.
2011 – 2013 PI, *Toolkit for online social science research about Media & Identity: Constructing online surveys and strategies for targeting underrepresented young people*; 35th Anniversary Fund; \$58,737.
2011 Co-investigator, *Family Communication, Culture, and Gender in a Middle School Sex Education Program* (Grossman, PI); 35th Anniversary Fund; \$50,621.
2011 Co-investigator, *Qualitative study of Cambodian working mothers* (Frye, PI); Harold Benenson Memorial Research Grant; \$9,978.
2009 – 2010 PI, *Gender and career identity in the workplace: A case study of a media internship program for girls, Boston, MA*. Harold Benenson Memorial Grant; \$10,000.

Professional Service: Consulting, Fee-for-service, and Other Support

2022 - current Consultant; The Jed Foundation, social media and mental health expert
2022 Consultant; American Student Assistance
2022 Consultant; Meta Wellbeing Creator Pilot
2022 Consultant; Fathom & Hatch marketing consultancy
2022 Consultant; NSF-funded study #2124894; New Frameworks for Ethical Research Amidst Emerging Digital Technologies, Algorithms, and Privacy Norms
2022 Consultant; Institute for the Future Foresight Workshop: Exploring the adolescence to adulthood transition for foster-care youth, Palo Alto, CA
2022 Consultant; Canvas8, a behavioral science and cultural research agency, London, UK.
2021 Consultant; study on Out-of-School Time and social equity conducted by Dr. Bianca Baldrige funded by Wallace Foundation, New York, NY
2020 - current Scientific Advisor, Forbes Ignite, New York, NY
2020 Consultant; Extended Mind, an Artificial Intelligence firm, Portland, OR
2020 Travel and honorarium support, Technology and the Brain, American Museum of Natural History, New York, NY
2013 - 2019 Training, publication, and conference travel support, Robert Wood Johnson Foundation Symposium, Princeton, NJ; Chicago, IL; New Orleans, LA
2018 Travel support, Children and Screens: Institute of Digital Media and Child Development Congress in Cold Springs Harbor Laboratory, NY.

- 2016 Statistical Training Support, Robert Wood Johnson Foundation; tuition and travel funds for IPSCR 5-day training in *Analyzing Intensive Longitudinal Data: A guide to diary, experience sampling, and ecological momentary assessment methods*. University of Massachusetts, Amherst, MA.
- 2016 Journal article reviewer; *The Trinitian Researcher*; Trinity University of Asia
- 2015 Statistical Consulting Services, Robert Wood Johnson Foundation New Connections program; Methodology support provided by the Center for Statistical Consulting and Research at University of Michigan.
- 2015 Webinar panelist, Robert Wood Johnson Foundation New Connections webinar, *Using Technology to Address Health Disparities*, Princeton, NJ.
- 2014 - 2015 Training support, William T. Grant Mixed Methods Meeting, Los Angeles, CA; travel and training expenses covered.
- 2014 Keynote speaker, Youth Sexuality Media Forum, *Socialization contexts of youth sexualities: empowering families, schools, peers, and media* co-sponsored by Detroit Youth Passages and the Ford Foundation; Detroit, MI.
- 2013 Statistical Training support, Robert Wood Johnson Foundation New Connections Program; training expenses covered for 3-day online HLM training.

Peer-reviewed Publications:

- Charmaraman, L., Hernandez J. Maya, Weed, J., Durrani, S., Gu, Q., Xiao, L. F., Andersonn, M., Joby, J., Gramajo, A., Grevet Delcourt, C., and members of the Youth, Media, & Wellbeing Research Lab Youth Advisory Board '21-22. (forthcoming). *Youth co-designing more positive digital ecosystems: An action research journey via a Youth Advisory Board*. Book chapter for HX Essay Collection, Connected Learning Alliance. MIT Press.
- Hernandez, J. M., **Charmaraman**, L., & Schaefer, H. (in press). Conceptualizing the role of racial-ethnic identity in US adolescent social technology use and wellbeing. *Translational Issues in Psychological Science*.
- Hernandez, J. M., **Charmaraman**, L., & Schueller, S. (in press). The contribution of digital ecosystems to adolescent wellbeing. In *Flourishing in Contexts: Sociocultural Perspectives on Promoting Youth Wellbeing*. Information Age Publishing.
- Gu, Quan, **Charmaraman**, L., & Grevet Delcourt, C. (2023). Experiences of novice design facilitators in a remote participatory workshop. In CHIWORK '23, June 13–15, 2023, Oldenburg, Germany. ACM, New York, NY, USA, 18 pages.
- Charmaraman**, L., Kiel, E., Richer, A.M., Gramajo, A., & Mueller, M. (2022). Associations between pet care responsibility, companion animal interactions, and family relationships during COVID-19. *Animals* (10th Anniversary edition), 12(23), 3274; <https://doi.org/10.3390/ani12233274>
- Charmaraman**, L., Grevet Delcourt, C., Durrani, S., Kapoor, J., Richer, A. M., & Xiao, L. F. (2022). The role of parents, other adults, peers, and informal learning communities in shaping positive social media use. *Information and Learning Sciences*, 123(7/8), 399-420. <https://doi.org/10.1108/ils-03-2022-0034>
- DeSouza, L. M., **Charmaraman**, L., Vargas, E., & Hall, G. S. (2022). Social media friends from afterschool are associated with positive youth development in digital settings. *Journal of Youth Development*, 17(2). <https://doi.org/10.5195/jyd.2022.1173>
- Charmaraman**, L., Cobas, S., Weed, J., Gu, Q., Kiel, E., Chin, H., Gramajo, A., & Mueller, M. (2022). From regulating emotions to less lonely screen time: Parents' qualitative perspectives of the benefits and challenges of adolescent pet companionship. *Behavioral Sciences*, 12(5), 143. <https://doi.org/10.3390/bs12050143>
- Delcourt, C. G., **Charmaraman** L., Gu, C., Durrani, S, and Xiao, T (2022). Innovating novel online social spaces with diverse middle school girls: Ideation and collaboration in a synchronous virtual design workshop. In CHI Conference on Human Factors in Computing Systems (CHI '22). Association for Computing Machinery, New York, NY, USA, Article 248, 1–16. <https://doi.org/10.1145/3491102.3517576>

- Charmaraman, L., Lynch, A. D., Richer, A. M., & Zhai, E. (2022).** Examining early adolescent positive and negative social technology behaviors and wellbeing during the COVID-19 pandemic. *Technology, Mind, & Behavior, 3(1)*. <https://doi.org/10.1037/tmb0000062>
- Charmaraman, L., Lynch, A. D., Richer, A.M., & Grossman, J.M. (2022).** Associations of early social media initiation on digital behaviors and the moderating role of limiting use. *Computers in Human Behavior, 127*. <https://doi.org/10.1016/j.chb.2021.107053>
- Charmaraman, L., Hodes, R., & Richer, A.M. (2021).** Young sexual minority adolescent experiences of self-expression and isolation on social media: A cross-sectional survey study. *Journal of Medical Internet Research Mental Health, 8(9):e26207*, <https://doi.org/10.2196/26207>
PMID: 34524107
- Charmaraman, L., Richer, A.M., Ben-Joseph, E.P., & Klerman, E. (2021).** Quantity, content, and context matter: Associations among social technology use and sleep habits in early adolescents. *Journal of Adolescent Health, 69(1)*, 162-165.
<https://doi.org/10.1016/j.jadohealth.2020.09.035>
- Charmaraman, L., Richer, A. M., Liu, C., Doyle Lynch, A., & Moreno, M. (2021).** Early adolescent social media-related body dissatisfaction: Associations with depressive symptoms, social anxiety, peers, and celebrities. *Journal of Developmental and Behavioral Pediatrics, 42(5)*, 401-407.
<https://doi.org/10.1097/DBP.0000000000000911>; PMID: 33507043
- Hyun, S., Wong, G., Levy-Carrick, N.C., **Charmaraman, L.**, Cozier, Y., Yip, T., Hahm, H.C., & Liu, C.H. (2021). Psychosocial influences on U.S. young adults' posttraumatic growth during the COVID-19 pandemic. *Psychiatry Research, 302*, <https://doi.org/10.1016/j.psychres.2021.114035>
- Charmaraman, L., Grevet Delcourt, C., Serrano Najera, C., Vargas, E., Gramajo, A., Richer, A. M., & Adachi-Mejia, A., & (2021).** Disconnecting and reconnecting: A summer workshop photovoice project to support healthy social media use in early adolescence. *Afterschool Matters, 34*, 1-10.
<https://www.niost.org/Afterschool-Matters-Spring-2021/disconnecting-and-reconnecting>
- Charmaraman, L., & Grevet Delcourt, C. (2021).** Prototyping for social wellbeing with early social media users: Belonging, experimentation, and self-care. In CHI Conference on Human Factors in Computing Systems (CHI '21), May 8-13, 2021, Yokohama, Japan. ACM, New York, NY.
<https://doi.org/10.1145/3411764.3445332>
- Mueller, M. K., Richer, A. M., Callina, K. S., & **Charmaraman, L.** (2021). Companion animal relationships and adolescent loneliness during COVID-19. *Animals, 11*, 885.
<https://doi.org/10.3390/ani11030885>
- Charmaraman, L., Grossman, J. M., & Richer, A. M. (2021).** Same-sex attraction disclosure and sexual communication topics within families. *Journal of GLBT Family Studies, 17(2)*, 118-134.
<https://doi.org/10.1080/1550428X.2020.1820414>
- Charmaraman, L., Mueller, M. K., & Richer, A.M. (2020).** The role of pet companionship in online and offline social interactions in adolescence. *Child and Adolescent Social Work Journal*.
<https://doi.org/10.1007/s10560-020-00707-y>
- Charmaraman, L., Moreno, M., Richer, A.M. (2020).** Social and behavioral health factors associated with violent and mature gaming in early adolescence. *International Journal of Environmental Research and Public Health, 17(14)*, 4996. <https://doi.org/10.3390/ijerph17144996>
- Davis, K., **Charmaraman, L.**, & Weinstein, E. (2020). Introduction to special issue: Adolescent and emerging adult development in an age of social media. *Journal of Adolescent Research, 35(1)*, 3-15. <https://doi.org/10.1177/0743558419886392>
- Grossman, J. M., Nagar, A., **Charmaraman, L.**, & Richer, A. M. (2020). A larger ecology of family sexuality communication: Extended family perspectives on relationships, sexual orientation, and positive aspects of sex. *International Journal of Environmental Research and Public Health, 17*, 1057; <https://doi.org/10.3390/ijerph17031057>
- Charmaraman, L., Chan, H. B., Chen, S., Richer, A., & Ramanudom, B. (2018)** Asian American social media use: From cyber dependence to cyber harassment to saving face. *Asian American Journal of Psychology, 9(1)*, 72-86. <https://doi.org/10.1037/aap0000109>
- Grossman, J.M., Richer, A.M., **Charmaraman, L.**, Ceder, I., and Erkut, S. (2018). Youth perspectives on sexuality communication with parents and extended family. *Family Relations, 67(3)*, 368-380.
<https://doi.org/10.1111/fare.12313>

- James, C., Davis, K., **Charmaraman**, L., Konrath, S., Slovak, P., Weinstein, E., & Yarosh, L. (2017). Digital life and youth well-being, social-connectedness, empathy, and narcissism. *Pediatrics*, 140, S71. http://pediatrics.aappublications.org/content/pediatrics/140/Supplement_2/S71.full.pdf
<https://doi.org/10.1542/peds.2016-1758F>
- Grossman, J., **Charmaraman**, L., & Erkut, S. (2016). Do as I say, not as I did: How parents talk with teens about sex. *Journal of Family Issues*, 27(2),
<https://doi.org/10.1177/0192513X13511955>
- Charmaraman**, L., Woo, M., Quach, A., & Erkut, S. (2014). How have researchers studied multiracial populations: A content and methodological review on 20 years of research. *Cultural Diversity and Ethnic Minority Journal*, 20(3), 336-352. <https://doi.org/10.1037/a0035437>
- Grossman, J. M., Tracy, A. J., **Charmaraman**, L., Ceder, I., & Erkut, S. (2014). Protective effects of middle school comprehensive sex education with family involvement. *Journal of School Health*, 84, 739-747. <https://doi.org/10.1111/josh.12199>
- Charmaraman**, L., & Grossman, J. (2014). “Be careful who you friend”: Early adolescents’ reports of safety, privacy, and family monitoring of Facebook use. *Journal of Youth Development: Bridging research and practice*, 9(1), 86-112. Available online: <http://www.nae4ha.com/current-issue>. <https://doi.org/10.5195/jyd.2014.74>
- Grossman, J. M., Frye, A., **Charmaraman**, L., & Erkut, S. (2013). Family homework and school-based sex education: Delaying early adolescents’ sexual behavior. *Journal of School Health*, 83(11), 810-817. <https://doi.org/10.1111/josh.12098>
- Charmaraman**, L., Jones, A., Stein, N., & Espelage, D. (2013). Is it bullying or sexual harassment? Knowledge, attitudes, and professional development experiences of middle school staff. *Journal of School Health*, 83(6), 438-444. <https://doi.org/10.1111/josh.12048>
- Charmaraman**, L. (2013). Congregating to create for social change: Urban youth media producers and sense of community. *Learning, Media, & Technology*, 38(1), 102-115. <https://doi.org/10.1080/17439884.2011.621956>.
- Erkut, S., Grossman, J. M., Frye, A., Ceder, I., **Charmaraman**, L., & Tracy, A. (2013). Can sex education delay early sexual debut? *Journal of Early Adolescence*, 33(4), 482-497. <https://doi.org/10.1177/0272431612449386>
- Charmaraman**, L., Lee, A., & Erkut, S. (2012). “What if you already know everything about sex?” Content analysis of questions from early adolescents in a middle school sex education program. *Journal of Adolescent Health*, 50(5), 527-530. <https://doi.org/10.1016/j.jadohealth.2011.10.004>
- Charmaraman**, L., & Hall, G. (2011). School dropout prevention: What arts-based community and out-of-school time programs can contribute. *New Directions for Youth Development*, 51, 9-27. <https://doi.org/10.1002/yd.416>
- Charmaraman**, L., & McKamey, C. (2011). Urban early adolescent narratives on sexuality: Accidental and intentional influences of family, peers, and the media. *Sexuality Research and Social Policy*, 8(4), 253-266. <https://doi.org/10.1007/s13178-011-0052-3>
- Charmaraman**, L., & Grossman, J. M. (2010). Importance of race and ethnicity: An exploration of Asian, Black, Latino, and Multiracial adolescent identity. *Cultural Diversity and Ethnic Minority Psychology*, 16(2), 144-151. <https://doi.org/10.1037/a0018668>
- Tracy, A. J., Erkut, S., Porche, M. V., Kim, J., **Charmaraman**, L., Grossman, J. M., Ceder, I., & Vázquez García, H. (2010). Measurement uncertainty in racial and ethnic identification among adolescents of mixed-ancestry: A latent variable approach. *Structural Equation Modeling*, 17(1), 110-133. <https://doi.org/10.1080/10705510903439094>
- Grossman, J. M., & **Charmaraman**, L. (2009). Race, context, and privilege: White adolescents’ explanations of racial-ethnic centrality. *Journal of Youth and Adolescence*, 37, 1-11. <https://doi.org/10.1007/s10964-008-9330-7>
- Charmaraman**, L. (2008). Media gangs of social resistance: Urban adolescents take back their images and their streets through media production. *Afterschool Matters*, 7, 27-37. <https://repository.wellesley.edu/object/wellesley8961>

Peer-reviewed Book Chapters

- Maes, C., Arimoro, F., & **Charmaraman**, L. (forthcoming). Sexuality and Media: Exploration and

- Exploitation. In *Social Media and Youth Mental Health: A Public Health Perspective*. American Psychiatric Association.
- Charmaraman, L.,** Grevet Delcourt, C., Pearl Ben-Joseph, E., Smucker R. (2023) Social media and adolescent mental health. *Encyclopedia of Child and Adolescent Health*, Vol. 3, 337-350. Elsevier. <https://www.sciencedirect.com/science/article/abs/pii/B9780128188729001710>
- Charmaraman, L.,** Hernandez, J. Maya, & Hodes, R. (2022) Marginalized and understudied populations using digital media. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge University Press. <https://www.teensandtech.org/handbook> <https://doi.org/10.1017/9781108976237>
- Charmaraman, L.,** Bickham, D., Sode, O. (2020). Adolescent mental health challenges in the digital world. In M. Moreno and A. Hoopes (Eds.), *Technology and Adolescent Health Behavior: In School and Beyond* (pp. 283-304). Elsevier Publishing. <https://doi.org/10.1016/C2017-0-04667-0>
- Charmaraman, L.,** Gladstone, T., & Richer, A. (2018). Positive and negative associations with technology on adolescent mental health. In M. Moreno and A. Radovic, (Eds.), *Technology and Adolescent Mental Health* (pp. 61-71). Switzerland: Springer. https://doi.org/10.1007/978-3-319-69638-6_5
- Charmaraman, L.,** Richer, A., Ruffin, B, & Ramanudom, B., Madsen, K. (2017). Escaping from worries or facing reality: A survey study of adolescent attitudes about sexist and homophobic stereotypes in mainstream US media. In D. Lemish & M. Götz (Eds.), *Beyond the Stereotypes: Boys, girls, and their images* (pp. 213-224). Sweden: The International Clearinghouse on Children, Youth, & Media at Nordicom. Available: <http://norden.diva-portal.org/smash/record.jsf?pid=diva2%3A1535889&dswid=2943>
- Charmaraman, L.,** Chan, H., Price, T., & Richer, A. (2015). Women of color cultivating virtual social capital: Surviving and thriving. In K. E. Tassie and S. M. Brown (Eds.), *Women of color and social media multitasking: Blogs, timelines, feeds, and community* (pp. 1-19). New York: Lexington Books. <https://rowman.com/ISBN/9781498528498/Women-of-Color-and-Social-Media-Multitasking-Blogs-Timelines-Feeds-and-Community>
- Charmaraman, L.,** & Low, B. (2013). From media propaganda to de-stigmatizing sex: A teen magazine by, for, and about girls. In K. Harper, Y. Katsulis, V. Lopez, and G. S. Gillis (Eds.), *Girls' Sexualities and the Media* (pp. 245-261). New York: Peter Lang.
- Charmaraman, L.** (2010). The importance of audience and agency to re-present: Urban youth media producers in the Bay Area. *Sociological Studies of Children and Youth*, 13, 207-233. [https://doi.org/10.1108/S1537-4661\(2010\)0000013011](https://doi.org/10.1108/S1537-4661(2010)0000013011)

Media/Press/Podcast Coverage:

August 8, 2023

<https://www.bustle.com/entertainment/online-takes-twitter-debates-opinion-fatigue>

July 17, 2023

<https://academicminute.org/2023/07/linda-charmaraman-wellesley-college-when-it-comes-to-teens-and-screens-pets-can-have-surprising-benefits/>

July 16, 2023

<https://www.insidehighered.com/podcasts/academic-minute/2023/07/16/pets-can-help-get-teens-screens>

July 12, 2023

<https://www.wellesley.edu/news/2023/stories/node/203606>

June 16, 2023

<https://www.apaservices.org/advocacy/news/youth-mental-health-social-media>

June 7, 2023

<https://www.salon.com/2023/06/07/the-tricky-timing-of-a-childs-first-smartphone/>

May 30, 2023

<https://www.dazeddigital.com/life-culture/article/59961/1/andrew-tate-for-girls-the-new-wave-of-woman-self-help-gurus>

May 23, 2023

<https://www.nytimes.com/2023/05/23/health/surgeon-general-social-media-mental-health.html?auth=login-email&login=email>

May 11, 2023

<https://videoplayer.telvue.com/player/0xevl1Y-G4MlrcS7VDCjMf9uhAEInooJ/media/800990?autostart=false&showtabssearch=true&fullscreen=false>

May, 2023

<https://www.apa.org/topics/social-media-internet/health-advisory-adolescent-social-media-use>

May, 2023

<https://jedfoundation.org/resource/how-k-pop-fans-find-true-connection-online-and-you-can-too/>

April 6, 2023

<https://arkansasadvocate.com/2023/04/06/arkansas-legislature-passes-social-media-age-verification-bill-over-privacy-speech-concerns/>

April 4, 2023

<https://www.salon.com/2023/04/04/experts-are-skeptical-that-utahs-social-media-curfew-law-will-help-childrens-mental-health/>

April 4, 2023

<https://www.sleepfoundation.org/sleep-news/how-does-social-media-affect-sleep>

April, 2023

https://www.youtube.com/watch?v=en_jSTe3ykY

March 22, 2023

<https://www.thecrimson.com/article/2023/3/22/hgse-teen-mental-health-panel/>

March 9, 2023

<https://www.washingtonpost.com/technology/2023/03/08/tiktok-bold-glamour-filter-effect-generative-ai/>

March 1, 2023

<https://www.npr.org/2023/03/01/1160317717/tiktok-teens-screen-time-limit-mental-health>

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<https://www.nbcnews.com/pop-culture/pop-culture-news/tiktok-lana-del-rey-young-beautiful-trend-backlash-rcna61533>

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<https://abcnews.go.com/US/lgbtq-community-facing-increased-social-media-bias-author/story?id=85463533>

June 22, 2022

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<https://www.wbur.org/news/2022/06/13/teen-voices-archive-schlesinger-library>

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<https://www.vox.com/recode/2022/3/14/22971618/earn-it-sesta-fosta-children-safety-internet-laws>

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December 7, 2021

<https://www.washingtonpost.com/technology/2021/12/07/instagram-teen-health/>

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<https://reader.activelylearn.com/authoring/preview/4110091/notes>

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<https://www.verywellmind.com/tiktok-may-be-to-blame-for-rising-cases-of-tic-like-behaviors-in-teen-girls-5207312>

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https://www.fastcompany.com/90691317/kids-social-media-research-behavior?partner=rss&utm_source=rss&utm_medium=feed&utm_campaign=rss+fastcompany&utm_content=rss

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<https://www.verywellmind.com/facebook-knew-instagram-was-harmful-to-mental-health-of-teen-girls-said-nothing-5203337>

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<https://www.verywellfamily.com/new-study-finds-kids-who-spend-more-time-on-screens-have-more-close-friends-5202744>

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<https://www.audacy.com/wearechannelq/latest/the-safe-spaces-on-social-media-for-lgbtq-youth>

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September 21, 2021 <https://www.nytimes.com/2021/09/21/well/family/teens-social-media-help.html>

April 26, 2021 <https://www.lifewire.com/why-audio-is-the-next-big-thing-in-social-media-5180467>

Wellesley -Weston magazine <https://lsc->

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<https://sciencenewsnet.in/being-aware-of-how-social-media-affects-adolescents-body-image-during-national-eating-disorder-awareness-week/>

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<https://www.newswise.com/articles/quantity-content-and-context-of-social-media-use-may-affect-adolescents-sleep>

<https://www.verywellhealth.com/pets-during-adolescence-5080955>

<https://www.lifewire.com/why-is-facebook-going-back-to-college-5078004>

<https://www.newswise.com/articles/new-study-shows-associations-between-adolescents-relationships-with-their-pets-and-their-social-media-use>

<https://www.k12dive.com/news/navigating-cyberbullying-more-difficult-amid-covid-19-but-there-are-option/582771/>

Summer, 2020. 10 Things to Avoid Saying to Your Teenager by Keri Bancroft, Wellesley-Weston magazine.

2019

Video games are getting real? Is that a problem? By Garrett Grover, Amir Michael Glenn, Yousif Kuwa, East Rock Record Staff

https://laurapappano.com/wp-content/uploads/ERRDec19_FIN_lores.pdf

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<https://yourteenmag.com/coronavirus/social-media-for-middle-schoolers>

<https://www.insider.com/how-does-social-media-affect-teenagers>

<https://www.wired.com/story/parents-should-monitor-teens-electronics/>

<https://www.baystateparent.com/news/20191218/should-you-buy-your-tween-smartphone-expert-weighs-in>

<https://medium.com/@feichen255/can-your-family-and-community-be-your-oppressors-post-4-62db7bc395c4>

<https://nypost.com/2019/09/19/why-teens-shoot-video-of-violence-instead-of-helping/>

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<https://www.childrenandscreens.com/2018-conference/talks-and-panels/digital-media-mental-health-and-relationships/>

<https://picante.today/latest-news/2018/10/09/6986/the-impact-of-digital-media-on-childrens-health/>

<https://www.prnewswire.com/news-releases/fake-news-cyberbullying-addiction-privacy-social-media-what-we-know---and-dont-know---about-digital-media-and-kids-health-300729793.html>

<https://urbancollegeofboston.wordpress.com/2018/06/19/children-and-screens-enewsletter-spring-2018/>

<https://www.blackfeminisms.com/women-of-color/>

<https://splinternews.com/lets-stop-comparing-sex-to-baseball-1793848121>

<https://rampages.us/sarahmuse/>

<https://thelinknewspaper.ca/article/choosing-sides>

Non-peer reviewed publications (e.g., research briefs, blogs, webinars, infographics):

May 2023 American Psychological Association Health Advisory on Social Media Use in Adolescence. Co-author and taskforce member. <https://www.apa.org/topics/social-media-internet/health-advisory-adolescent-social-media-use>

February 2023 Witness testimony for congressional hearing; US Senate Committee on the Judiciary, Protecting our Children Online.

December 2022 *Codesigning with teens and parents for online supervision*. Meta's Trust, Transparency & Control Labs. Expert consultation on report on global initiative to include 166 teens, 156 guardians, and 125 experts across US, UK, Ireland, Australia, Brazil, Japan, India, Mexico, Senegal, and Cote d'Ivoire. <https://www.tclabs.net/report/co-designing-with-teens-and-parents-for-online-supervision>

May 10, 2021: <https://catdel.medium.com/prototyping-for-social-wellbeing-with-early-social-media-users-fba4df0c4f9c>

Parent webinar of R15 middle school social technology use study findings, wcwonline.org/coakley-webinar

Infographic, <https://www.wcwonline.org/Publications/infographic-who-are-middle-schoolers-following-on-instagram>

Infographic (2020, Feb). Youtube Turns 15. <https://www.wcwonline.org/images/pdf/youtube-turns-15.pdf>

Richer, A., Ceder, I., **Charmaraman**, L. (2018, Jan). Results from the APT Validation Study III: Reducing cultural biases in youth program observations. Wellesley Centers for Women Research Brief.

Richer, A., **Charmaraman**, L., & Ceder, I. (2018). Measuring program quality, Part 2: Addressing potential cultural bias in a rater reliability exam. *Afterschool Matters*, 27, 28-36.

Tracy, A., **Charmaraman**, L., Ceder, I., Richer, A., & Surr, W. (2016). Measuring program quality: Evidence of the scientific validity of the Assessment of Program Practices Tool. *Afterschool Matters*, 24, 3-11.

Charmaraman, L. (2015, January). Social media and internet technology: promoting healthy wellbeing for vulnerable young people. Paper presented at webinar, *Using Technology to Address Health Disparities*, Robert Wood Johnson Foundation, New Connections Program.

Charmaraman, L. Blog: Stereotypes and Stigma in the Media. <http://detroityouthpassages.org/2014/07/28/stereotypes-and-stigma-in-the-media-by-linda-charmaraman/>; July 25, 2014.

Charmaraman, L., Blog: Facebook: Friend or Foe. <http://www.rwjf.org/en/culture-of-health.html?q=charmaraman>; July 23, 2014.

Price, T., & **Charmaraman**, L. Blog: Mentoring & Girls of Color. <http://www.wcwonline.org/Mentoring-Girls-of-Color/Mentoring-girls-of-color>; January 17, 2013.

Charmaraman, L., Blog: It's Our Time: The Empathy Gap for Girls of Color. <http://schottfoundation.org/blog/2012/10/16/its-our-time-empathy-gap-girls-color>; October 16, 2012.

Hall, G., & **Charmaraman**, L. (2011). Growing boys: implementing a boys' empowerment group in an afterschool program. *Afterschool Matters*, 13, 49-51.

Hall, G., & **Charmaraman**, L. (2011). Study finds key factors that support male youth. *School-Aged Notes*, 31(4), 1-6.

Hall, G., & **Charmaraman**, L. (2010). Boys, teens can benefit from inclusion in common-interest groups. *School-Aged Notes*, 31(3), 2-7.

Charmaraman, L., & Gruber, D. (2009). Civics education: Engagement needn't wait until high school years. *School-Aged Notes*, 30(3), 2-7.

Charmaraman, L. & Wai, J. (1996). A Guide to the empirical Study, the literature review, the case study, and the book review, *Active Intellect*, 2, 35-49.

Invited Presentations/Keynote addresses

Charmaraman, L. (2023, August). Invited panelist for Youth & Social Media; Perils, Powers, and Pathways to Resilience hosted by Mental Health Technology Transfer Center Network, HHS Region 9, funded by Substance Abuse and Mental Health Services Administration (SAMHSA)

Charmaraman, L. (2023, July). Invited speaker for Social Media and Your Child's Mental Health: Creating a Positive Change nationwide webinar hosted by Nemours Children's Hospital.

Charmaraman, L. (2023, July). Invited speaker for Future Forum Caucus, Capitol Hill meeting with Democratic House of Reps regarding adolescent social media and mental health.

Charmaraman, L. (2023, May). Invited lecture at OUT Metrowest and Framingham local access channel.

Charmaraman, L. (2023, April). Speaker at the Harvard T. H. Chan School of Public Health 2023 Health

- Equity and Leadership (HEAL) conference. Panelist for Youth, Technology, and Mental Health in the COVID era.
- Charmaraman, L. (2023, April). Invited lecture at Salem State University, Department of Psychology, Salem, MA.
- Charmaraman, L. (2023, March) Invited lecture at Syracuse University, Department of Human Development and Family Science, Syracuse, NY.
- Charmaraman, L. (2023, January). Speaker at the Technology and Adolescent Mental Wellness National Youth Advisory Board colloquium, University of Wisconsin, Madison.
- Charmaraman, L. (2022, December). Innovating to support the well-being of teens online. Invited panelist for the 2022 Meta Summit on Youth Safety and Well-being, Washington, DC.
- Charmaraman, L. (2022, December). Growing up on social media – the impact on pre-teen and adolescent girls. Moderated by William Tong (CT Attorney General) and John O’Connor (OK Attorney General). Invited panelist for the National Association of Attorney Generals, Washington DC.
- Charmaraman, L. (2022, May). Impact of COVID-19 social distancing on adolescent technology and social media use. Briefing for Kline Center for Judicial Education, Pennsylvania.
- Charmaraman, L., Berkman, M., Graber, D., Ochs, J., & Shotbolt, V. (2022, March). The good, the bad, and the filtered: A social media primer for parents. Hosted by the “Ask the Experts” webinar series, Children and Screens: Institute for Digital Media and Child Development.
<https://www.youtube.com/watch?v=JtEirONAgco&t=2s>
- Charmaraman, L. (2022, January). Briefing on how to ensure adolescents are healthy and thriving for the U. S. Department of Health and Human Services, Office of Population Affairs.
- Charmaraman, L., (2021, November). Briefing on social media and mental health & wellbeing for the White House Domestic Policy’s health team, Office of Science and Technology Policy’s Science and Society division, and the Executive Office of the President.
- Charmaraman, L., (2021, November). Urban Health Media Project Live Instagram Therapy Thursday series on social media’ effect on youth mental health.
- Charmaraman, L. (2021, November). Invited interview for Speaking of Psychology APA podcast series, which was repurposed as a Technology, Media, Society invited lecture.
- Ranney, M., Moreno, M., DasGupta, T., Charmaraman, L., Schueller, S. (2021, July). Invited panelist, *How is adolescent wellbeing shaped through social media?* 2021 Connected Learning Summit, UC Irvine.
- Charmaraman, L., (2021, July). Invited podcast interview with Screenstrong. How YouTube impacts middle school development (0:44)
<https://screenstrongfamilies.buzzsprout.com/1460173/8726316-how-youtube-impacts-middle-school-development-with-dr-linda-charmaraman>
- Charmaraman, L. (2020, December). Invited podcast as scientific advisor at Forbes Ignite.
- Charmaraman, L. (2020, October). Mid-career women leaders in STEM. University of Wisconsin, Madison.
- Rosen, L., Charmaraman, L., Bagot, K., & Weinstein, E. (2020, July). *Constantly Connected: The social media lives of teens*. Children and Screens Ask the Experts Virtual Workshop Series.
<https://www.youtube.com/watch?v=BfX2TqD4rq8&feature=youtu.be>
- Charmaraman, L., Muhammad, S., & Yadav, P. (2020, March). *Cognitive Diversity: Neuroscience behind high-performing teams and innovation*. Forbes Ignite, New York, NY.
- Gazzaley, A., Charmaraman, L., & Weinstein, E. (2020, February) *Technology and the Brain*. Panel discussion presented as part of the New Science, New Solution Series. American Museum of Natural History, New York, NY.
- Charmaraman, L. (2019, October). *Digital citizenship and social identities in emerging adulthood*. Invited keynote address for preconference of Society for the Study of Emerging Adulthood. Toronto, CA.
- Charmaraman, L., & Moreno, M. (2018, October). Invited panelist. *Health and wellbeing implications of early social media use*. Digital Media and Developing Minds Congress, Cold Springs Harbor Laboratory, NY.
- Charmaraman, L. (2016, June). *Social media use in vulnerable populations: Friend or foe?* Invited Opening Keynote Speaker at the Social Media & Adolescent Health Research conference, Seattle Childrens Hospital, Seattle, WA.

- Charmaraman, L. (2014, June). *Socialization contexts of youth sexualities: empowering families, schools, peers, and media*. Invited Keynote Speaker for a Youth Sexuality Media Forum, co-sponsored by Ford Foundation and Detroit Youth Passages, Detroit, MI.
- Charmaraman, L., Stein, N., & Jones, A. (2010, June). *Voices from middle school teachers and students regarding bullying and sexual harassment/violence*. Presented at the National Center for Injury Prevention and Control, Centers for Disease Control & Prevention, Atlanta, GA.
- Charmaraman, L. (2008, July). *Mixed Ancestry: Gaps in the literature*. Presented at the Summit on Mixed Ancestry, Wellesley, MA.

Peer-reviewed Conferences

- Liu, J., Bickham, D., & Charmaraman, L. (2023). *Association between social media use and substance use among middle and high school-aged youth*. Poster presented at Society for Adolescent Health and Medicine. [https://www.jahonline.org/article/S1054-139X\(22\)00962-4/fulltext](https://www.jahonline.org/article/S1054-139X(22)00962-4/fulltext)
- Charmaraman, L., Schaefer, H.S., Durani, S., & Bacaj, C. (2023, April). *Early adolescent body image and social media use over time: Effects of online network size, appearance-related consciousness, and age of initiation*. Paper presented at the annual meeting of the Society for Research on Adolescence. San Diego, CA.
- Charmaraman, L., Schaefer, H.S., Bacaj, C., Harvey, R. (2022, November). *How are social media behaviors and attitudes related to depression over time? Examining the mediating factor of early adolescent peer victimization*. Paper presented at the annual meeting of the American Public Health Association, Boston, MA.
- Charmaraman, L., Englander, E., McComb, S., & Prinstein, M. (2022, October). *What happens when children sign up for Instagram and Snapchat before age 11? The role of limiting use to reduce negative effects*. Symposium panel presented at the annual American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
- Delcourt, C. G., Charmaraman L., Gu, C., Durrani, S, and Xiao, T (2022, May). *Innovating novel online social spaces with diverse middle school girls: Ideation and collaboration in a synchronous virtual design workshop*. In CHI Conference on Human Factors in Computing Systems (CHI '22). Association for Computing Machinery, New York, NY, USA, Article 248, 1–16. <https://doi.org/10.1145/3491102.3517576>
- Charmaraman, L., Richer, A., Callina, K., & Mueller, M. (2022, July). *Companion Animal Relationships and Trajectories of Socio-Emotional Functioning in Adolescence*. International Society for Anthrozoology (ISAZ), Boise, Idaho.
- Hernandez, J. M., Ben-Joseph, E., & Charmaraman, L. (2022, May). *Reevaluating parental monitoring behaviors of early adolescent social technology use in the US: A mixed-methods approach*. Paper presented at the 72nd annual International Communication Association Conference, Paris, France.
- Charmaraman, L., Lynch, A. D., & Richer, A. M. (2022, May). *Examining early adolescent social technology behaviors and wellbeing during the COVID-19 pandemic*. Paper presented at the 72nd annual International Communication Association Conference, Paris, France.
- Hernandez, M., Ben-Joseph, E., & Charmaraman, L. (2022, April). *Influences of Parental Monitoring Styles and Technoference on Early Adolescent Social Technology Use*. Paper presented at the 2022 annual meeting of the American Educational Research Association, San Diego, CA.
- Charmaraman, L., & Grevet Delcourt, C. (2021, May). *Prototyping for social wellbeing with early social media users: Belonging, experimentation, and self-care*. Paper presented at the 2021 ACM CHI Virtual Conference on Human Factors in Computing Systems.
- Mueller, M., Richer, A., Doyle Lynch, A., Charmaraman, L. (2021, April). *Pet relationships and adolescent loneliness during Covid-19*. Panel presentation to be presented at the annual meeting of SRCDC, Virtual meeting.
- Zhai, E., Jordan, K., Reeves-Miller, T., Xiao, T., & Charmaraman, L. (2020). *Self-care and wellbeing on social media for adolescents of color*. Panel presented at the Diversity Challenge, Boston College, Boston, MA.
- Potenza, M., Englander, E. K., Charmaraman, L., & Browne, D., T. (2020, October). *Children and Screens Research Update: How new media habits impact mental health*. Panel presented at the American Academy of Child and Adolescent Psychiatry annual meeting, San Francisco, CA.

- Charmaraman, L., Grossman, J., & Ben-Joseph, E. (2020, April). *Blurring the boundaries between home and school: Parents supporting healthy internet and social media use*. Poster accepted to the annual meeting of the American Educational Research Association, San Francisco, CA.
- Ben-Joseph, E. P., Hernandez, J. M., & Charmaraman, L. (2020, March). *Restriction to communication: A mixed-method study of parental monitoring style, family closeness, and adolescent screen behaviors*. Paper accepted to the biennial meeting of the Society for Research on Adolescence, San Diego, CA.
- Charmaraman, L., Serrano Najera, C., Adachi-Mejia, A., & Delcourt, C. (2020, March). *Disconnecting and reconnecting: A Photovoice project to support healthy social media use in early adolescence*. Poster accepted to the biennial meeting of the Society for Research on Adolescence, San Diego, CA.
- Charmaraman, L., Richer, A., Unni, S., Serrano Najera, C., Cobas, S. (2019, August). *Playing violent and mature online games: Implications for adolescent health and social interactions*. Poster presented at the American Psychological Association annual meeting, Chicago, IL.
- Charmaraman, L., Richer, A., DeSouza, L., & Madsen, K. (2019, May). *Analyzing liberal voter interpretations of Trump's "Make America Great Again": Implications for race, gender, and political identity*. Paper presented at the International Communication Association, Washington, DC.
- Charmaraman, L., Madsen, K., Richer, A., & DeSouza, L. (2018, August). *How liberal voters interpreted the 2016 trump media campaign: Race, gender, age, and civic issues*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Charmaraman, L., Richer, A., Leu, R., Suleyman, N., & Moreno, M. (2018, August). *Adolescent social media use and body image: Associations with depression, social anxiety, and peers*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Charmaraman, L., Richer, A., & Moreno, M. A. (2018, May). *Psychosocial and physical health associations of early social media use before age 12*. Paper presented at the Pediatric Academic Societies meeting, Toronto, Canada.
- Richer, A., Charmaraman, L., Ceder, I., & DeSouza, L. (2018, April). *Identifying cultural biases: Developing video-based training for the Afterschool Program Practices Tool*. Paper presented at the annual meeting of the American Educational Research Association, New York, NY.
- Charmaraman, L., Ramanudom, B., Chan, H. B., Richer, A., & Tracy, A. (2016, October). *Asian American social media use: From cyber dependence to cyber harassment*. Poster presented at the Society for Research on Child Development Special Topic Meeting: Technology and media in children's development. Irvine, CA.
- Charmaraman, L., & Tracy, A. (2016, August). *Avoiding cultural bias in establishing program observation accuracy: Reflections on our evolving action-oriented mixed methods evaluation design*. Paper presented at the Mixed Methods International Research Association conference, Durham, United Kingdom.
- Tracy, A., Richer, A., & Charmaraman, L. (2016, April). *APT validity and reliability: identifying and minimizing measurement error of youth program observation ratings*. Paper presented at the annual meeting of the American Educational Research Association, Washington, DC.
- Jones, A., Charmaraman, L., Merrin, G., Espelage, D. (2016, April). *School climate, gender, context, and consequences: Effectively addressing middle school sexual harassment at school*. Paper presented at the annual meeting of the American Educational Research Association, Washington, DC.
- Charmaraman, L., Jones, A., Merrin, G., Espelage, D. (2016, April). *Predicting early adolescent online sexual harassment: Associations with dismissive attitudes, peer support, and school belonging*. Poster presented at Society for Research on Adolescence, Baltimore, MD
- Charmaraman, L., Notsu, H., Richer, A., & Parmelee, K. (2016, April). *How early adolescents define sex: Longitudinal associations with Facebook friendship networks and sexual activity*. Poster presented at Society for Research on Adolescence, Baltimore, MD.
- Charmaraman, L., & McField, A. S. (2015, October). *Online networking in Black and Hispanic women: Blogging, social justice, and elections*. Poster presented at the Diversity Challenge, Boston College, MA.

- Charmaraman, L., Richer, A., Tracy, A. (2015, October). *From early adolescence through emerging adulthood: Exploring differences in social media use by age, race, and perceived social status*. Poster presented at the Arthur M. Sackler Colloquia of the National Academy of Sciences, Digital Media & Developing Minds Conference, Irvine, CA.
- Charmaraman, L., Notsu, H., & Richer, A. (2015, May). *Young adolescents on Facebook: parents, peer sexual norms and knowledge about sex*. Paper presented at the International Communications Association, San Juan, Puerto Rico, USA.
- Porche, M. V., Charmaraman, L., & Grossman, J. (2015, April). *Teacher transformation through experiential learning: Personal change towards justice-oriented inclusive education*. Paper presented at the annual American Educational Research Association meeting, Chicago, IL.
- Charmaraman, L., Richer, A., & Chan, B. (2015, March). *Do age and SES matter? A mixed-method exploration of social media use during good and bad times*. Paper presented at Society for Research on Child Development, Philadelphia, PA, USA.
- Charmaraman, L., Price, T., & Lau, R. (2014, August). *The educational opportunity gap for girls of color – a media-messaging strategy*. Paper and documentary presented at the 2014 annual meeting of the American Psychological Association, Washington, DC.
- Charmaraman, L. (2014, March). *Adolescent social media communities: A mixed-method exploration of racial and gender differences in seeking social support*. Paper presented at the 2014 Society of Research on Adolescence Meeting, Austin, TX.
- Grossman, J.M., Tracy, A.J., Charmaraman, L., Ceder, I., & Erkut, S. (2013, November). *Family homework activities in a comprehensive sex education program delay teen sex for boys*. Paper presented at the 2013 conference of the American Public Health Association, Boston, MA.
- Charmaraman, L., & Chan, B. (2013, October). *Televised images and social networking: Asian American media habits and attitudes*. Poster presented at the Diversity Challenge, Boston College, MA.
- Jones, A. E. & Charmaraman, L. (2013, August). *Beliefs about bullies and their victims: Voices from middle school students*. Poster presented at the annual meeting of the American Psychology Association. Honolulu, HI.
- Charmaraman, L., Grossman, J. M., & Erkut, S. (2013, August). *Do as I say, not as I did: Parent talk with teens about sex*. Poster presented at the annual meeting of the American Psychology Association. Honolulu, HI.
- Porche, M. V., Grossman, J., & Charmaraman, L. (2013, August). *Teacher transformation through experiential learning to promote inclusive education*. Poster presented at the annual meeting of the American Psychology Association. Honolulu, HI.
- Grossman, J. M., Charmaraman, L., & Erkut, S. (2013, April). *Family homework and school-based sex education: An intervention in early adolescent development*. Poster presented at the annual meeting of the American Educational Research Association. San Francisco, CA.
- Jones, A. E., Charmaraman, L., & Stein, N. (2013, April). *“They never hear ‘stop’ so they don’t stop”: Voices from middle school students about peer sexual harassment and sexual climate*. Paper presented at the annual meeting of the American Educational Research Association. San Francisco, CA.
- Jones, A. E., Charmaraman, L., & Stein, N. (2012, April). *“She was a cute girl who flaunted herself to the boys: Focus groups with middle school teachers about student sexual harassment*. Paper presented at the annual meeting of the American Educational Research Association. Vancouver, Canada.
- Grossman, J., Frye, A., Charmaraman, L., Ceder, I., & Erkut, S. (2011, October). *Short-term impact evaluation of Get Real, a comprehensive sex education curriculum for middle school students*. Paper presented at the 2011 conference of the American Public Health Association, Washington DC.
- Charmaraman, L., Jones, A., & Stein, N. (2011, April). *Factors that influence bullying and sexual harassment perpetration and victimization: Voices from middle school students and teachers*. Presented at the annual meeting of the American Educational Research Association. New Orleans, LA.
- Charmaraman, L., Grossman, J. M., Erkut, S., Ceder, I., & Tracy, A. (2011, April). *Racial-ethnic*

- centrality: Variation in self-perception across multiracial adolescent groups*. Presented at the Society for Research on Child Development. Montreal, Canada.
- Charmaraman, L. (2010, April). *Race and Gender in the Media: Identity Exploration in a Girls' Magazine Program*. Poster presented at the Conference on Human Development, Fordham University, NYC.
- Charmaraman, L., & McKamey, C. (2010, March). *Urban Middle School Youth's Perspectives on Relationships: A Visual and Textual Analysis*. Poster presented at the Society for Research on Adolescence. Philadelphia, PA.
- Charmaraman, L. (2010, March). *Adolescent notions of success: Identity explorations in a girls' media program*. Poster presented at the bi-annual meeting of the Society for Research on Adolescence. Philadelphia, PA.
- Charmaraman, L. (2009, April). *Adolescent notions of social justice and feminism: Exploratory case study of a girls' media program*. Paper presented at the annual meeting of the American Educational Research Association, San Diego, CA.
- Charmaraman, L., & Grossman, J. (2008, March) *Relationship between Racial/Ethnic Composition of School and Centrality of Race/Ethnicity to Adolescent Identity*. Paper presented at the Annual Meeting of the American Educational Research Association, New York, NY.
- Tracy, A., Erkut, S., Porche, M., Kim, J., Charmaraman, L., Grossman, J. M., Ceder, I., & Vásquez-Garcia, H. (2008, March). *Alternative approaches to capturing racial/ethnic identification for mixed ancestry adolescents*. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Grossman, J. M., & Charmaraman, L. (2008, March). *Race, context, and "Whiteness": Teens' explanations of racial centrality*. Paper presented at the bi-annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Charmaraman, L. (2007, April). *The importance of audience and agency to re-present: Urban youth media producers in the Bay Area*. Paper presented at the Annual Meeting of the American Educational Research Association, Chicago, IL.
- Charmaraman, L. (2006, July). *Assessing social and cognitive development through digital media arts production in an after-school program for urban adolescents: A mixed methods approach*. Poster presented at the 2nd Annual Mixed Methods Conference, Fitzwilliam College, Cambridge University, United Kingdom.
- Charmaraman, L. (2006, July). *Exploring imaginative worlds through digital storytelling in an urban after-school community*. Paper presented at the 4th annual International Conference on Imagination and Education. Simon Fraser University, Vancouver, British Columbia, Canada.
- Charmaraman, L. (2006, April). *Collaboration, optimism, constructive criticism, and mentoring between at-risk students through after school media production*. Paper presented at the annual meeting of the American Educational Research Association, San Francisco, CA.
- Charmaraman, L. (2006, April). *Building collaboration, communication, and sense of community through digital media technologies: An Oakland case study*. Paper presented at the annual meeting of the American Educational Research Association, San Francisco, CA.
- Charmaraman, L. (2005, April). *Becoming visible: Teacher support for classroom film and media use*. Paper presented at the annual meeting of the American Educational Research Association, Montreal, Canada.
- Charmaraman, L. (2002, April). *Assessing the value of film and video use in the classroom: A historical study of beliefs*. Paper presented at the annual meeting of the American Educational Research Association, New Orleans, LA.
- Charmaraman, L. (2000, July). *Supporting the development of informal mathematical knowledge in young children*. Poster presented at the Head Start National Research Conference, Washington D.C.
- Charmaraman, L. (2000, April). *College student beliefs about the concept of insight*. Paper presented at the annual meeting of the American Educational Research Association, New Orleans, LA.

Wellesley College Talks

- Charmaraman, L., (2022, June). *Experiential learning at home: Exploring passions and careers across the liberal arts through on-campus work study and internship opportunities*. Faculty and Staff Advising Retreat.
- Charmaraman, L., (2021, December). *Importance of questioning data for equity and inclusion*. Sponsored by the Student Interdisciplinary Data Initiative.
- Charmaraman, L. (2021, July). *Screen time is not equal: Methods for analyzing the risk and resilience of vulnerable adolescents using social media*. Presented at the Summer Social Sciences Internship seminar.
- Charmaraman, L., (2021, January). *Visible Silence* documentary screening and moderated Q&A. Sponsored by the Southeast Asian Student Association.
- Charmaraman, L., Delcourt, C., Serrano Najera, C., Vandergriff, P., & Kim, Ashley. (2019, October). *Meeting them where they are: Designing an app for adolescents' early social media use*. Presented at the Social Change Dialogues speaker series, Wellesley Centers for Women.
- Charmaraman, L., Madsen, K., & Richer, A. (2019, July). Analyzing liberal voter interpretations of Trump's MAGA: Implications for race, gender, and political identity. Presented at the Summer Social Sciences Internship seminar.
- Charmaraman, L., Metaxas, P., Norem, J., Sichel, D. (2018, November). *Race, gender, and the #MeToo movement*. Invited panelist for moderated discussion about the Midterm Elections 2018.
- Charmaraman, L., Cobas, S., Serrano Najera, C., Unni, S., & Sode, O. (2018, October). *Digital citizenship, health, and wellness*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Charmaraman, L. (2018, July). *Promoting wellness on social media: Raising young people to be digital citizens*. Presented at Mothers without Borders Conference, presented by Wellesley College, Radcliffe Institute, and Harvard University.
- Charmaraman, L., (2018, June). *Impact of social media and television*. Women of Color Conference workshop presentation.
- Charmaraman, L., DeSouza, L., Madsen, L., and Leu, R. (2017, November). *Life in the Trump era: A look at gender, culture, and civic engagement*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Charmaraman, L. (2017, September). *Collecting time-sensitive data during pivotal election eras: Media & Identity project 5 years later*. Presented at the Council of Advisors meeting, Wellesley Centers for Women.
- Charmaraman, L. (2017, June). Power of mentorship. Class of '67 reunion panel discussion.
- Charmaraman, L., Arimoro, F., Ruffin, B., Madsen, K., & Ramanudom, B. (2017, April). *Media use, civic engagement, and health*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Charmaraman, L. (2016, October). *Biracial girls, identity, and media representation*. Panel discussion at book reading event, An intimate look at race: Growing up biracial in a racially-torn world.
- Charmaraman, L. (2016, June). *Policy recommendations on mass media and social media for the next President of the United States*. Presented at the 2016 Wellesley College reunion panel.
- Charmaraman, L., Ramanudom, B., Chan, H. B., & Richer, A. (2015, October). *Risk and resilience of online social media relationships and networks*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Charmaraman, L., & Richer, A. (2014, October). *Televised and social media: promoting healthy well-being for vulnerable youth*. Paper presented at the Wellesley Centers for Women brownbag lecture series.
- Charmaraman, L., Tracy, A., & Richer, A. (2014, April). *Asian American media habits and mental health*. Invited talk for the Wellesley Asian Alliance.
- Charmaraman, L., Chan, B., & Ericksen, B. (2013, October). *Stereotypes, stigma, and status: Results from the Adolescent Media & Identity Project*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Charmaraman, L. (2013, June). *Educational equity for girls of color: A multimedia strategy to increase*

- empathy*. Documentary screening and discussion at the Jean Baker Miller Intensive Institute.
- Charmaraman, L. (2010, November). *Advocating for youth voice: Qualitative and mixed methods inquiry with minority urban adolescent populations*. Presented at the 35th Anniversary symposium for the Wellesley Centers for Women.
- Charmaraman, L., Stein, N., & Jones, A. (2010, October). *The overlap between bullying and sexual violence in middle schools: Perspectives from students and educators*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Hall, G., & Charmaraman, L. (2010, April). *Boy Time: Early findings from an ethnographic study of a middle school boys' empowerment group*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Charmaraman, L., Low, B., & Bloomfield, K. (2010, March). *Teen Voices: Identity development in a community-based media internship*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Grossman, J. M., & Charmaraman, L. (2008, April). *Racial Identity Among European-American Adolescents: A Developmental Look at White Privilege*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.
- Charmaraman, L. (2007, October). *Adolescents expressing identity through media production*. Paper presented at the Wellesley Centers for Women Lunchtime Seminar Series.

Community/Policy Conversations (workshops, webinars, strategic planning with community partners)

- Charmaraman, L. (2023, June). APA Grassroots Washington DC Congressional Meeting Fly-in to advocate for adolescent social media and mental health.
- Charmaraman, L. (2023, June). Healthy Metaverse Design Convening, Part II hosted by the Digital Wellness Lab at Boston Children's Hospital.
- Charmaraman, L., Kang, K. & Poli, M. (2023, June). Tech & Teens Smart Salon hosted by Smart Design.
- Charmaraman, L., Chen, P., Dorani, P., Ibrahim, H. (2023, March). Advancing Gender Equality Around the World: Four Innovative, Technology-Driven Approaches. Panelist for webinar parallel event for the 2023 UN Commission on the Status of Women.
- Charmaraman, L., Delcourt, C., Hernandez, J. M. (2023, March). Social Media and Mental Health: Research-Based Approaches to Support Adolescent Girls' Wellbeing. Panelist for Social Change Dialogues webinar hosted by Wellesley Centers for Women.
- Charmaraman, L. (2023, March). Invited 2-part webinar for parents at Grace Church school in NYC.
- Mountz, K. (2023, January). Documentary video produced for a C-Span teen competition. <https://www.youtube.com/watch?v=xWyibzdCCZo>
- Charmaraman, L. (2022, December). Workshop participant, Student Mental Health and Technology, Equity in Civic Technology Project at the Center for Democracy & Technology, hosted in collaboration with the Berkman Klein Center, Harvard University.
- Charmaraman, L., Dubinski, A., Milham, M. P., & Steinberg, J. (2022, October). Merging digital and family lives: How parenting works. Webinar hosted Morgan Stanley Alliance for Mental Health, The Jed Foundation.
- Charmaraman, L., James, C., & Weinstein, E. (2022, September). Moderated discussion of *Behind Their Screens: What teens are facing (and adults are missing)*. MIT Press, Cambridge.
- Charmaraman, L., Stevens, R., & Turner, E. (2022, August). Instagram Wellbeing Collective research panel to promote youth wellbeing with influencers. Los Angeles, CA.
- Charmaraman, L. (2022, August). Mental Health Out Loud: The mental health fallout from social media use. ADDitude magazine webinar.
- Charmaraman, L., Grevet Delcourt, C., Gramajo, A. (2019-2022, July). Digital Wellbeing and STEM identity summer workshop for middle school students.
- Charmaraman, L. (2022, June). Overview of the Youth, Media, & Wellbeing research lab. Invited by Boston Childrens Hospital, Digital Wellness Lab for community and industry partner convening.
- Charmaraman, L. (2021, May). Digital Media and Mental Health research retreat breakout session leader on Social Media State of the Field, Children and Screens: Institute of Digital Media and Child Development.

- Charmaraman, L., Gramajo, A., Cromwell, J., Hodes, R., & Lund, N. (2020, November). Findings from the Social Media Use, Health, and Parental Monitoring Study. Zoom webinar for parents participating in the NIH R15 study at a local middle school.
- Charmaraman, L. (2020, July). SEL and social technology use during remote learning. Invited panelist for Webinar. Open Circle, Wellesley, MA.
- Charmaraman, L. (2020, March). Social media and mental health: promoting digital wellbeing for young people. Invited speaker with Ruderman Family Foundation and Link22.
- Charmaraman, L., & Grevet Delcourt, C. (2019, July). Co-ed Summer Workshop for Social Media Awareness and App Development, Coakley Middle School, Norwood, MA.
- Charmaraman, L., Grossman, J., & Moreno, M. (2018, September). *Learning, social media, and healthy behaviors Pilot Study*. Panel discussion for parents at local middle school in MA.
- Charmaraman, L. (2018, May). *Bicultural identities lost in translation? Growing up bicultural, Asian American identity, family socialization, media habits, and mental health*. Talk presented at the National Association of Asian American Professionals, Bottom Line, Jamaica Plain, MA.
- Charmaraman, L., Richer, A., & Ceder, I. (2017, December). Findings from the APT Validation Study III: Reducing cultural bias in youth program observations. Presentation for the Program Quality Supervisor of the Massachusetts Quality Rating and Improvement System (QRIS). Wellesley, MA.
- Charmaraman, L., & Hall, G. (2017, March). *Understanding rater bias*. Workshop discussion at Boston After School and Beyond, Boston, MA.
- Charmaraman, L. (2016, November). *Preventing vulnerable adolescent substance use and risky sexual behaviors through peer online engagement with a web-based intervention*, Invited talk at Center for Quality of Care Research, Baystate Medical Center, Springfield, MA.
- Charmaraman, L. (2017, September). *Social media and internet technology: promoting healthy wellbeing for young people*. Invited talk at the Wellesley Friendly Aid Forum.
- Charmaraman, L., Notsu, H., & Richer, A. (2016, June). *Parents and peers on Facebook: Longitudinal associations with sexual activity and definitions of sex*. Presented at the 2016 Social Media and Adolescent Health Research Team (SMAHRT) conference, Seattle, WA.
- Charmaraman, L. (2015, November). *Promoting healthy peer online social norms regarding adolescent substance use and sexual activity*. Invited talk at Center for Quality of Care Research, Baystate Medical Center, Springfield, MA.
- Charmaraman, L. (2014). Guest speaker, Domestic Violence Ended (DOVE) event to celebrate women and girl survivors of domestic and sexual violence, Boston, MA.
- Charmaraman, L., Tracy, A., Price, T., Grossman, J., & Erkut, S. (2013, June). *Preliminary results from a web-based recruitment study on Media & Identity of vulnerable young people*. Poster presented at the Seventh Annual Robert Wood Johnson Foundation New Connections Symposium, Princeton University.
- Charmaraman, L., McKinney, M., & Sung, K. (2006, March). *Diversity recruitment strategies at the UC Berkeley Graduate School of Education*. Poster presented at the 6th annual GSE Research Day, Berkeley, CA.
- Charmaraman, L. (2006, April). Asian-American youth and community development. Panelist at 16th Annual Asian Pacific Islander Issues Conference: *Walking on eggshells - Cracking stereotypes in search of hidden truths*, UC Berkeley.

Mentored Student Presentations/Theses/Fellowships/Blogs:

- Gu, Quan, Whalen, P., Hodgden, G., Nallbani, A., & Pappelis, C. (2023, April). *Navigating the intersection of AI and body image: Digital wellbeing workshop for adolescent girls*. Poster presented at the Wellesley College summer science research poster session.
- Gu, Quan. (2023, July). *Navigating the intersection of AI and body image: Digital wellbeing workshop for adolescent girls*. Presented at the Social Sciences Summer Research Series.
- Bacaj, C. Gu, Connie Quan, Kiel, E., Ribeiro da Silva, L. (2023, April). *Youth, Media, & Wellbeing panel*. Ruhlman Conference, Wellesley, MA.
- Andersonn, M. (2023, April). McNair Scholars Research panel. Ruhlman Conference, Wellesley, MA.

- Gu, Connie Quan (2023, April). *Learning UX leadership and exploring careers in remote participatory design workshops*. Ruhlman Conference, Wellesley, MA.
- Kim, C. (2023, April). *Longitudinal analysis of young adolescents' relationships with family members*. Ruhlman Conference, Wellesley, MA.
- Durrani, S., Bacaj, C., & Schaefer, H. (2023, March). *Longitudinal effects of social media behaviors on adolescent body image*. Research poster presented at the annual Eastern Psychological Association, Boston, MA.
- Andersonn, M. & Xiao, T. (2023, March). *Youth advisory boards co-designing more positive digital wellbeing workshop experiences*. Undergraduate research poster presented at the annual Eastern Psychological Association, Boston, MA.
- Anthony, J., Estrada, M., Hodes, R., & Dam, S. (2023, March). *What motivates youth to watch popular YouTube influencers*. Undergraduate research poster presented at the annual Eastern Psychological Association, Boston, MA and annual Ruhlman Conference, Wellesley, MA.
- Zhang, A., Wang, K., Hodes, R., Chen, B., & Richer, A. (2023, March). *Understanding significant factors of social media behavior that promote LGBTQ youth well-being*. Undergraduate research poster presented at the annual Eastern Psychological Association, Boston, MA and annual Ruhlman Conference, Wellesley, MA.
- Kiel, E., Gu, Q., & Ribeira daSilva, L. (2023, March). *Youth's best friend: Social-emotional benefits and challenges to adolescent pet companionship*. Undergraduate research poster presented at the annual Eastern Psychological Association, Boston, MA.
- Wang, K., Gonzalez, S. M., Zhang, A., Kiel, E., & Hernandez, J. M. (2023, March). *Online hate messaging during the pandemic: Impact on Asian American teens*. Undergraduate research poster to be presented at the annual Eastern Psychological Association, Boston, MA and annual Ruhlman Conference, Wellesley, MA.
- Zhang, A. (2023, February). Covid-19's impact on teenagers' relationships with family members. STAT318.
- Andersonn, M. (2022-2023). Senior Thesis entitled, "Social media is an easy way to start being more involved in our community and activism and sharing our thoughts": Analyzing Political Attitudes, Behavior, and Identity of Women of Color on Social Media
- Andersonn, M. (2022). *Digital wellbeing & STEM workshops for adolescents*. McNair Conference.
- Andersonn, M. (2022). *Digital wellbeing & STEM workshops for adolescents*. Summer Social Science Research Program poster session, Wellesley College.
- Miranda, J., & Vigil, B. (2022). *The unique struggles and triumphs of Latinx adolescents using digital technology*. Women Change Worlds blog. <https://www.wcwonline.org/WCW-Blog-Women-Change-Worlds/entry/The-unique-struggles-and-triumphs-of-latinx-adolescents-using-digital-technology>
- Durrani, S., Gu, C., & Xiao, T. (2022). *Helping middle school girls create their own digital spaces*. Women Change Worlds blog. <https://www.wcwonline.org/WCW-Blog-Women-Change-Worlds/entry/Helping-middle-school-girls-create-their-own-digital-spaces>
- Weed, J., & Charmaraman, L. (2022). Mentoring panel for Class of '67 Reunion, Wellesley Centers for Women, Wellesley College.
- Bacaj, C. (2022). Calderwood seminars in public writing: Engaging interviews. Ruhlman Conference, Wellesley College.
- Jordan, K. (2022). *Blurring the boundaries between home and school: Adolescent social media literacy and digital social-emotional learning*. Ruhlman Conference, Wellesley College.
- Kapoor, J. (2022). *The role of parents, other adults, peers, and informal learning communities in shaping positive social media use*. Ruhlman Conference, Wellesley College.
- Weed, J. (2022). *Working for youth, with youth: Lessons from the Inaugural Youth Advisory Board of the Youth, Media, & Wellbeing Research Lab*. Ruhlman Conference, Wellesley College.
- Bacaj, C. & Andersonn, M. (2022). *On(line) Identity: Social media is essential for LGBTQ youth*. Women Change Worlds blog. <https://www.wcwonline.org/WCW-Blog-Women-Change-Worlds/entry/Online-identity-social-media-is-essential-for-lgbtq-youth>
- Xiao, L.F. T. & Gu, C. Q. (2021). *Making a difference in the lives of youth: Facilitating a summer digital workshop for middle school girls*. Tanner Conference, Wellesley College.

- Xiao, L.F. T., Gu, C. Q., Durrani, S., Hainzl-Fernandez, M. & Delcourt, C. (2021). *Girls in STEM & social media*. Poster presented at Social Sciences Summer Internship Program, Wellesley College.
- Xiao, L. F. T. (2021). *Evaluating a STEM identity and digital wellbeing workshop for girls*. Presentation at Social Sciences Summer Internship Program, Wellesley College.
- Reeves-Miller, T., Xiao, T., Zhai, E., & Jordan, K. (2021). *Self-care and wellbeing on social media for adolescents of color*. Ruhlman Conference, Wellesley College.
- Smucker, R., Hodes, R., Cromwell, J., Sjoblom, G. (2021). *YouTube in middle school: Implications for parental monitoring and mental health*. Ruhlman Conference, Wellesley College.
- Hodes, R. (2021). *Social isolation and self-expression online for LGBT+ youth*. Ruhlman Conference, Wellesley College.
- Hodes, R. (2021). *Class of '67 Internships at Wellesley Centers for Women*. Ruhlman Conference.
- Hodes, R. (2021, September 20). *Building knowledge together about our digital worlds*. Blog written for <https://www.wcwoonline.org/WCW-Blog-Women-Change-Worlds/entry/Internship-reflection-building-knowledge-together-about-our-digital-worlds>
- Zhai, E. (2021, November 15). *Studying the power of social media during a pandemic*. Blog written for the Women Change Worlds blog series, Wellesley Centers for Women. <https://www.wcwoonline.org/WCW-Blog-Women-Change-Worlds/entry/Internship-reflection-studying-the-power-of-social-media-in-a-pandemic>
- Lund, N. (2020, May 19). *A research internship that expands horizons*. Blog written for the Women Change Worlds blog series, Wellesley Centers for Women. <https://www.wcwoonline.org/WCW-Blog-Women-Change-Worlds/A-research-internship-that-expands-horizons>
- Vargas, E. (2020, May 6). *A student teacher's view of social media in the classroom*. Blog written for the Women Change Worlds blog series, Wellesley Centers for Women. <https://www.wcwoonline.org/WCW-Blog-Women-Change-Worlds/Research-connections-a-student-teacher-s-view-on-social-media-in-the-classroom>
- Ben-Joseph, E. P. (2020). *Pre-bedtime use of social technology is differentially associated with depressive symptoms in young adolescents*. Brown University, School of Public Health, MPH program.
- Lund, N. (2020, April). *What happens online doesn't stay online: Institutional partnerships in the trajectory of middle school students*. Accepted to the Ruhlman Conference, Wellesley College, MA. [Cancelled due to Covid-19 pandemic]
- Serrano Najera, C. (2019, July). *Summer app development workshop*. Presented at the Social Sciences Summer Research program. Wellesley College, MA.
- Cobas, S. (2019, May). *How do middle school youth use Snapchat?* Presented at Ruhlman Conference, Wellesley College, MA.
- Serrano Najera, C. (2019, May). *Online gaming: Implications for adolescent health and social interactions*. Presented at Ruhlman Conference, Wellesley College, MA.
- Sode, O. (2019, May). *The intersection of social media, sexual behavior, substance use, & self-harm in middle schoolers*. Presented at Ruhlman Conference, Wellesley College, MA.
- Unni, S. (2019, May). *Practices in ethical research methods in the social sciences*. Presented at Ruhlman Conference, Wellesley College, MA.
- Okoli, M. (2018, April). *Pocket politics: A mobile revolution for political engagement*. Thesis presented at Ruhlman Conference, Wellesley College, MA.
- Ramanudom, B. (2018, April). *Cognitive dissonance at the intersection of tech and social good*. Mellon-Mays fellowship thesis presented at Ruhlman Conference, Wellesley College, MA.
- Madsen, K. (2017, July). *Social identities and conflicting connotations: "Make America Great Again" and our relationship with the past*. Presented at the Social Sciences Summer Research Program, Wellesley College, MA.
- Madsen, K. (2017, April). *"Make America Great Again": Slogans and the power of nostalgia*. Presented at Ruhlman Conference, Wellesley College, MA.
- Ruffin, B. (2017, April). *Black women and perceived masculinity in the media*. Mellon-Mays fellowship thesis presented at Ruhlman Conference, Wellesley College, MA.
- Price, T., & Charmaraman, L. (2016, August). *Social media: a potential tool for Black women's mental*

- health*. Paper presented at the annual convention of the Association of Black Psychologists, Arlington, VA.
- Price, T., Charmaraman, L., Chan, H. B., & Richer, A. (2015, November). *Women of color and social media multitasking: Blogs, timelines, feeds, and community*. Chapter presented at the National Communication Association, Las Vegas, NV.
- Chan, B.Y. (2015, April). “*It made me feel like I had a support system even though I felt alone in that moment*”: *Exploring ways women of color cultivate online social networks to survive and thrive in the real world*. Presented at Ruhlman Conference, Wellesley College, MA.
- Keane-Lee, J. A. (2015, April). *Looking like me on TV: How mainstream racial representation impacts civic engagement*. Presented at Ruhlman Conference, Wellesley College, MA.
- Chan, B., & Charmaraman, L. (2014, October). *Impact of Stereotyped Media Portrayals on Asian American and Latina Women*. Poster presented at the annual Diversity Challenge, Boston College, MA.
- Chan, B., Andriulli, G., Saladi, N., & Sarwar, P. (2014, April). *Wellesley Centers for Women Student Research Interns*. Presented at Ruhlman Conference, Wellesley College, MA.
- Chan, B. (2013, October). *New York City Chinatown 1940s-1960s: Stories of discrimination, resistance, and resilience*. Presented at the Tanner Conference, Wellesley College, MA.
- Ericksen, B. (2013, July). *LGBT youth engaging with identity online*. Presented at the Social Sciences Summer Research Program, Wellesley College, MA.
- Lee, A., & Charmaraman, L. (2011, August). *Anonymous questions from middle school sex education courses: What do themes tell us about early urban adolescent development?* Poster presented at the annual meeting of the American Psychological Association. Washington, DC.

Teaching experience:

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| Spring 2023 | Guest lecturer, Qualitative Methods, Tufts University |
| Fall 2022 | Guest lecturer, Social-emotional learning in education, Wellesley College |
| Fall 2021 - | Visiting lecturer, Calderwood Seminar: Social technologies and adolescent development, Education course, Wellesley College |
| Spring 2020 | Guest lecturer, Mind and Media, Psychology course, Wellesley College |
| Fall 2019, 2023 | Guest lecturer, Social Computing, Computer Science course, Wellesley College |
| Spring 2016 | Guest lecturer, co-sponsored by Music and Women’s Studies, Northeastern University |
| Fall 2014 | Guest lecturer in Film Music course, Northeastern University |
| Spring 2014 | Guest lecturer, Wellesley College Asian Alliance |
| Spring 2013 – 2014 | Guest lecturer in Women’s Studies course, Wellesley College |
| Spring 2008 | Visiting Assistant Professor, Department of Psychology, Wellesley College; Asian American Psychology. |
| Spring 2008 | Guest lecturer in Media and Adolescence course, Boston College |
| Spring 2004 | Guest lecturer in Early Childhood Development, UC Berkeley; Media & Child Development and Gender & Child Development. |
| Spring 2004 | Graduate Student Instructor, Early Childhood Development (K-3 rd grade) |
| Spring 2000 | Guest lecturer in Cognitive Science, UC Berkeley; Development of Concepts, Scripts, and Schemas. |
| 1999 - 2000 | Graduate Student Instructor, Introduction to Cognitive Science; UC Berkeley |

Other Professional Activities and Honors:

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| 2023 | Advisory group, Youth safety & wellbeing in the Metaverse, Meta youth policy group, user controls and safety features, comfort ratings, horizon groups safety |
| 2023 | APA Taskforce Advisory on social media and mental health |
| 2023 | Peer reviewer, CITI Program's new Overview of Social Media Research module |
| 2023 | Conference talk is now part of AACAP’s 2023 <i>Clinical Essentials on Social Media in Children and Adolescents</i> , a new online CME course for psychiatrists |
| 2023 | Grant reviewer, Templeton Foundation |
| 2023 | Section co-leader of Youth Wellbeing, Kindness, Social Communication, and Online Connection, special issue dedicated to Digital Media and Child Health for <i>Pediatrics Supplement 2024</i> |

2023 Grant reviewer, NIH/NCCIH, [RFA-AT-23-003](#), Fostering Mental, Emotional, and Behavioral Health Among Children in School Settings: Opportunities for Multisite Trials of Complementary and Integrative Health Interventions.

2022 2022 Annual Meeting Senior Researcher award, American Academy of Child and Adolescent Psychiatry (AACAP)

2022 Grant reviewer, NIMHD review panel, RFA-MD-022-008, Understanding and addressing misinformation among populations that experience health disparities.

2022 Grant reviewer, NIMH review panel, RFA-MH-22-135 and RFA-MH-22-136, Social disconnection and suicide risk in late life.

2022 Grant reviewer, NSF, Advancing informal STEM Learning (AISL), panel theme: out-of-school and afterschool learning experiences for youth from middle through high school with outcomes including social-emotions influences on identity development and STEM interest

2022 Grant reviewer, NICHD Special Emphasis Panel Reviewer, RFA HD-22-009, Impact of Technology and Digital Media (TDM) Exposure/Usage on Child and Adolescent Development

2022 Global Youth Consultation and Co-Design Initiative; Trust, Transparency, and Control for Kids and Families Lab, Meta

2022 - Ad-hoc Reviewer, *Information and Learning Science*, *Journal of LGBT Issues*, *Heliyon*, *Frontiers in Psychology*

2021 Open Letter to Mr. Mark Zuckerberg: A Global Call to Act Now on Child and Adolescent Mental Health Science (English, French, German, Spanish, Finnish, Hebrew)

2021- NSF working group: NSF ER2 Ethical Framework Project

2021- Ad-hoc Reviewer, *Technology, Mind, & Behavior*, *Psychiatry Research*, *Asian American Journal of Psychology*

2021 Grant reviewer, Robert Wood Johnson Foundation, Health Equity Scholars for Action

2020 Grant reviewer, Children and Screens: Institute of Digital Media and Child Development, Digital Media and the Developing Brain seed grants

2020 NICHD early career grant reviewer, study section Social Psychology, Personality, and Interpersonal Processes (SPIP), June 2020 cycle

2020 Grant design group, Robert Wood Johnson Foundation Alumni Network Activation seed fund

2020 - Ad-hoc Reviewer, *JAMA Pediatrics*, *Depression and Anxiety*, *Computers in Human Behavior*, *American Psychologist*, *Psychological Science*, *Journal of Medical Internet Research*

2018 - 2020 Guest editor of special issue for *Journal of Adolescent Research* on Adolescent Development in an Age of Social Media

2018 - Ad-hoc Reviewer, *The Journal of Pediatrics*

2016 - Ad-hoc Reviewer, *American Journal of Sexuality Education*, *Journal of Adolescence*

2015 - 2016 Scholar of the NIH Mixed Methods Research Training Program for the Health Sciences, Johns Hopkins, Baltimore, MD

2014 - Ad-hoc Reviewer, *Developmental Psychology*

2014 *Leadership at its best*, professional development program from the Center for Positive Organizations, sponsored by Robert Wood Johnson Foundation.

2013 - Website co-producer, www.equity4girls.com

2012 - Ad-hoc Reviewer, *Journal of Adolescent Health*, *Journal of Adolescent Research*, *Sex Education*

2010 - 2012 Ad-hoc Reviewer, *Cultural Diversity and Ethnic Minority Journal*, *Journal of Early Adolescence*

2009 - current Ad-hoc Reviewer, *Teachers College Record*, *Journal of Research on Adolescence*

2011 - 2013 Director/Producer, *It's our time: The empathy gap for girls of color* (29 mins, color, video)

2000 - 2006 *Director/Internship Coordinator*; Women of Color Film Festival, Berkeley and San Francisco, CA

2000 - 2006 *Women's Department Producer/College Radio Show Programmer*; KALX 90.7fm

2000 - 2006 *Co-coordinator*, Graduate Student Minority Mentorship Program, Graduate School of Education, UC Berkeley.

2000 - 2006 *Graduate Student Rep*, Graduate School of Education Equity Committee, UC Berkeley.

Professional Memberships:

Society for Research on Adolescence (SRA)

Society for Research on Child Development (SRCD)

American Educational Research Association (AERA)

International Communication Association (ICA)

Mixed Methods International Research Association (MMIRA)